

# WOMEN OF PURPOSE

THE UK'S PREMIERE SOURCE OF PURPOSEFUL WOMENPRENEURS

The mental health of women in business is vitally important to their success.

Read our success stories.

Donna B, Women of Purpose Founder, shares her vision and her truth

Do You Have A Business?

Need Support?

We can help...

*Speak with Donna*

*"My Dream is Larger than Life. All I want to do is help men and women all over the world, where I can."  
Donna B*

**Inside:** Launch Event and Membership  
Showcasing Womenpreneurs  
How You Can Become Involved



## Has anyone ever suggested that you write a book?

As a creative, one of the most satisfying things is to see your words in print.

I mean, whatever you need or want to write and publish your book for, the legacy you'll leave is forever. Your words and message will leave a lasting impression on many people worldwide.

But, and there's a big but...some people go no further than dreaming about it. They feel it's out of their reach or they don't feel 'good enough' or they fear being publicly critiqued.

Yes, people will have an opinion about your work. And by the way, this need be none of your business. Because it's just THEIR perspective and doesn't need to stand in the way of YOUR success.

With direction, your book will attract the right attention, high levels of acclaim and sales, and enable you to become an authority in your chosen field of business.

At the very least, your book will propel your message into people's hands who may need to read those words at just that moment in time.

Why would you deny that you have an important message to publicly share worldwide? If you're reading this, I'm sure you do indeed have one!



Hello beautiful.

I am Andrea Nicole Smart, the Editor of this publication and Founder of registered company 'Compelling Writing Limited', the home of some truly heartfelt stories, bringing enrichment to people's lives across the world.

I'm so happy you are reading this magazine today, because you are in for a real treat; you see it gives me great pleasure to showcase the work of some wonderful Womenpreneurs who epitomise the term Women of Purpose, with their intriguing combination of strength and vulnerability. Please take the time to read their articles thoroughly and identify with their services. There may be something you feel called to indulge in.

As the Founder of Women of Purpose Foundation, Donna Broomham has created a safe and exciting community within which women can share their work with other women. Oh, and men are welcome too, as they are a huge part of our lives, aren't they?!

Please let me know what you would like to see within this magazine and perhaps you'd like to showcase your business here too. The next issue will be our Winter Special, overflowing with warmth and good cheer, to keep your spirits high throughout the season of goodwill.

Thank you for connecting with us, we hope to see you at one of our events soon.

**Kind regards,  
Andrea Nicole Smart**

If you would like to touch base with me and get your book started, please contact me directly.

07570 592243

Or

Find me on  
facebook



## **Founder's LETTER**

“Welcome to the Inaugural issue of the official magazine for the Women of Purpose Foundation.”

*The idea may not be original  
but I am and so are you!*

Dear Reader,

I am Donna, Founder of the Foundation and my passion in life is to bring like-minded women together to showcase their area of expertise. I began my working life part-time at the age of 13, packing potatoes amongst other things at the back of a local supermarket. With my Dad being a grafter, I had a solid foundation for hard work and so my foundation has inspired me to build one for women who need a community within which to thrive.

Without giving you a full-on resume, here's a bit about me. I spent ten years working for a charity called Action on Homelessness now known as Alabare, moving on to work in a women's refuge. During this time I had the pleasure of fostering three siblings.

The vision for the Foundation came in December 2017 and it was a surprise to see the idea wasn't original. I soon came to realise women globally were waking up spiritually and forming communities both online with social media and in person, all with similar ideas of empowering women. I came to notice a gap from the corporate level down and I want to bridge this gap and celebrate the achievements of those not yet seen or heard.

Women of Purpose Foundation will provide a safe space currently for women to grow and shine with confidence, meeting monthly to further-widen the networking that's already begun. Members will also have the opportunity to meet regularly supported with action-packed ideas for those who desire to step out of their comfort zone and be who they were put on this earth to be. To quote as many already have, you'll be 'A Woman of Purpose'.

My vision follows many changes in HlStory where women have been on a journey of enlightenment, making now the time for HERstory to bring balance back into relationships where all are equal and where there is an acceptance of our individuality as women and men; individuals who love who they are first and feel safe in their own skin, safe enough to share themselves with one another as one and the same. I congratulate you on your decision to join us and welcome you on this very special journey.

Kind Regards,  
Donna

Donna Broomham (Mrs)

*Front page photo is credited to Cath B.*

# MEET THE EXPERTS

Introducing Autumn's Article Authors, showcasing their skills and businesses and providing tips for you to learn from. Contact them directly for more information.

## Article Submissions

If you would like to be showcased here in the Winter issue, please email **Andrea Nicole Smart** on [smart361@yahoo.co.uk](mailto:smart361@yahoo.co.uk) or call direct on **07570 592243**

Articles are subject to acceptance, payment in advance and must be relevant to the Foundation's Vision, Mission and audience. Rates are available on application.

Distribution of the Women of Purpose magazine is via email to members, interested parties, sponsors and via the Foundation's website and social media pages.

Coverage of the magazine will be undertaken through direct and indirect marketing, face to face networking and through paid advertising; your investment is expected to achieve a return through reaching a wide range of women, seeking services such as yours.

**Deadlines for the winter issue are:**

**Enquiries** – October 31<sup>st</sup>

**Final Approval** – November 30<sup>th</sup>

**Publication** – December 20<sup>th</sup>



*Editorials and  
Advertorials*

*via*

*Compelling Writing  
Limited*

~

**Andrea Nicole Smart**

**07570 592243**

**[Smart361@yahoo.co.uk](mailto:Smart361@yahoo.co.uk)**

**“I didn't get there by  
wishing for it or  
hoping for it, but  
by working for it.”**

**- Estee Lauder**



## Holistic Health *by* Beth James

Hi there!

My name is Beth James and I live and work in Trowbridge, Wiltshire. The bare bones of my business is simple to explain – I am a holistic massage therapist, a practitioner and teacher of Reiki and Pure Energy Healing, meditation and mindfulness, an astrologer and reader of tarot and last but by no means least a transformational Life Coach.

What makes my work unique is the way I put these skills together into a cohesive whole and enable my clients to gently move forward in their own personal growth and embrace change as a positive experience. Whatever work I share with my clients, I guide them towards manifesting the life that they truly desire and is simply waiting for them to claim.

I feel passionate about my work and I simply love living the life I now live. My strongest desire is to help others live their lives from a place of love and trust and not from fear. To break free from the ties that bind – emotionally, physically, spiritually, mentally. To be the catalyst for my clients on their journeys to being the best version of themselves possible. And to laugh on the way – lots!



.....

*"I practice both at my dedicated treatment room at home and also at Lowborne Osteopathic Clinic in Melksham."*

You can reach me at  
*bethjames@therapist.net or by  
phone: 07948 626490.*

.....

## Follow Your Dreams *by* Cath B

My name is Cath B and I am from the South of Sweden.

I truly believe that you can follow your dreams and do anything that makes your soul happy. I had a lifesaving colostomy operation on 24th April 2009 and my beloved Mother was found dead on the same day. From that moment, everything changed and I was no longer the same.

During my recovery I began to listen and trust my inner guidance and soul. I became aware that it was time for a new beginning and taking a leap of faith; I relocated to the UK in August 2010. I realised everything that had happened was part of my life journey and identified my purpose, which is to inspire and mentor others.

I am a creative multi passionate entrepreneur. Which means that I have a wide variety of interests - social media, spirituality, coaching, writing, marketing, pr, branding & photography. My business CathB was created as an inspiring resource for small businesses, female entrepreneurs as well as individuals.

Everything that I love is what my business is about, and I blend it all together into my business.

For more info regarding my work and what I do please visit [www.cathb.co.uk](http://www.cathb.co.uk)



*I can and I will.  
Watch me.*

-CATH B GREEN

## Uncomplicated IT *with Kathryn Price*



I am Kathryn Price, aged 52 founder of KSPTechCare, an IT support company with a difference; I specialise in IT support and training for the over 50s, but I also work with other people who lack confidence in IT and anything gadgety.

I love to help people and enjoy teaching about IT in different ways. I know I've done my job really well when I see the excitement and joy of customers understanding and using their IT properly. In the last few months I have also introduced an IT Support Package for sole traders as I have realised how being on your own is a scary thing to do and I am there to help small business like myself as their IT Support.

I don't have fixed hours, I work when customers need me, and I fit in with them. My flexibility is one of the things my customers love most about me. I started by offering support to the over 50s. Now I am also teaching young adults with additional needs and will be working with Wiltshire Independent Living Team in an exciting new scheme.

I have developed a Password recording system, available for Christmas, being organised with passwords is essential and I want to help customers get a scheme in place. I also source and supply gadgets, such as my mouse pen, which helps people who may have difficulty with movement and co-ordination. I love a challenge of any sort so if you think I can help you in any way please feel free to contact me at [www.ksptechcare.co.uk](http://www.ksptechcare.co.uk)

## Amanda Thomas at The House of Harmony



I'm Amanda and I'm a proud Wife and Mother and founder of The House of Harmony, based in Trowbridge, Wiltshire. I'm a Motivational Speaker and Writer and through the telling of my own life story, I hope to inspire other women, to remove the mask of constructed identity and learn to love the real and true version of themselves.

I offer various Mentoring/Coaching and Reiki packages, both in person and online, that incorporate the use of doTERRA essential oils, crystals, guided meditation, tarot/oracle cards and my gifts as an intuitive empath and medium.

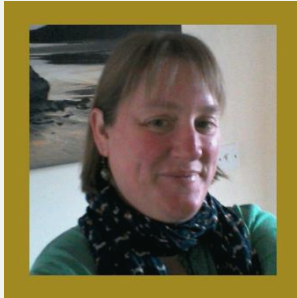
So many women are at the bottom of their list of priorities and are consequently exhausted, lost, unfilled and unhappy. My vision is a world where more women are living a life they love, that feels good from the inside out and to achieve this, The House of Harmony's mission is to inspire and nurture women back to the roots of their true selves, through re-learning the essential acts of self-love, self-care, self-compassion and self-acceptance.

The reason I feel so passionately about this, is because it is the path I have walked myself and how I went from simply surviving and existing in a largely unhappy life, to living a fulfilled and happy life, I love and thrive in.

In future, I hope to travel internationally to continue to share my story and message and offer transformational workshops and retreats for women, who wish to find themselves again and live a more happy and harmonious life.

Contact me at [www.thehouseofharmony.co.uk](http://www.thehouseofharmony.co.uk)

## Trudi Speirs *at* Cloud Nine Therapies



I am a therapist and Reiki master / teacher. What got me into therapies was when I was in my 30's and I had a knee injury and was offered Reiki by a lady I knew for free. Well it blew my mind away as I could feel everything moving inside my knee but she wasn't doing anything except placing her hand on top of my clothes on my knee area – wow clever stuff.

So 10 years later I got to train in this wonderful therapy and now I am able to train others – it's my passion as I can help so many people with different things in various ways.

Have you ever tried Hand Reflexology? You may have heard that reflexology is great for feet, well it's the same therapy but perhaps slightly more personal as I can see and interact with you easier, and get to know how it's working for you.

I wanted to be able to offer something for all age ranges, in particular the elderly.

So, I also offer Hopi or Ear Candles – I love these they are so relaxing as not only do you have the benefit of the actual candles in both ears (one at a time) you get a full lymphatic facial at the end.

Do feel free to pop over to my website to find out more about me and my therapies at:  
[www.cloudninetherapies.co.uk](http://www.cloudninetherapies.co.uk)

**Perhaps you prefer the direct approach? Then contact me by phone on 07810 374053  
or by Email: [trudis36@gmail.com](mailto:trudis36@gmail.com)**

The Women of Purpose Foundation would not be possible without the vital support and key input from the men in our lives, to whom we bestow our deepest respect, love and gratitude.

They are:

Donna's Hubby  
Steve Broomham



Steve (above) is a HGV Lorry Driver and is Donna's one true love. He has supported her 100% and believes in what she is doing. Steve's been fortunate to do what he loves in work for 37 years and believes everyone should be happy in their work because of the large amount of our lives spent doing it!

Cath B's Partner  
Chris Fox  
Business Coaching and Support  
Mob: 07435 464646  
Email: [info@foxworks.co.uk](mailto:info@foxworks.co.uk)  
Website: [www.foxworks.co.uk](http://www.foxworks.co.uk)



Andrea's Partner  
Martin Hall



Alex Porter



Alex (left) is an independent business advisor specialising in Micro, Small & Medium Enterprises Development. Alex has a network of associates who provide specific skills and services to complement his areas of expertise.

<https://indinet.net/who-2/>



# Events

**October 20<sup>th</sup>** - Finding Your Own Voice

**November 24<sup>th</sup>** - Preparing For The Year Ahead

**December 21<sup>st</sup>** - Women of Purpose Solstice Christmas Get Together

**January 26<sup>th</sup>** - Media Marketing Made Easy

You may trial a monthly group meeting once for free.  
if you feel the benefit of what is on offer and want to join, a membership fee will apply.

For further details, please visit the Website:  
[www.womenofpurposefoundation.com](http://www.womenofpurposefoundation.com)



**Cath** - Together We Inspire Connect & Grow

**Andrea** - Compelling Writing Ltd

**Amanda** - The House of Harmony

**Natasha** - Tropic Empowering Beauty

**Kat** - Floral Flames

**Meredith** - Under The Ginkgo Tree

**Trudi** - Cloud Nine Therapies

**Kathryn** - KSPTechCare

**Jo** - JS Training Consultancy

**Jo** - Silver Spheres

**Shellie** - Crystal Confidence

**Natalie** - Naturally Social

**Sarah** - Helping Hands Divorce PA

**Kate** - Personal Coach/Therapist

**Laura** - The Sage Wellbeing

**Jill** - Business Against Poverty

**Caroline** - Stella & Dot Independent Stylist

**Sally** - Driftwood Coast Aromatherapy

**Patricia** - Wiltshire Family Historian

**Lyn** - Isobella Calligraphy

**Sue** - Captain Tortue Fashion

**Bindi** - Motherhood & Parenting Mentor

**Jazmine** - The Wolf Coaching Organisation

**Jayne** - Serenity Wellness & Beauty

**Rachel** - Another Way Health

**Julie** - Flexercise

**Natalie** - The Asperger's Relationship Coach

**Linda** - Integrated Therapies

**Eleri** - YewTrade

**4Networking**

## Contacts

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The Women of Purpose Foundation helps you to build from the ground up. Metaphorically I have tried building many houses on sand and it doesn't work! Strong 'Foundations' need to be in place to work from. You are your foundation first, let the Women of Purpose Foundation be your scaffolding.

I provide 3 group meetings per month all at differing times and days. You may attend as a member just once or all 3. You will network with like-minded women who have either been where you are or are in the same place.

The group sessions will involve coffee and a chat, most importantly they will be informative as well as productive. You will need your phone, iPad or pen and paper will suffice. Always bring your business cards if you have them.

**We hope you enjoyed this Autumn issue.  
Please tell us what you'd like to see in the  
Winter issue which will be available on  
December 20<sup>th</sup>**